

SNAP-Ed IMPACTS

IN JUNEAU COUNTY

NUTRITION EDUCATION

Teaching about healthy eating and active living.

At seven Juneau County elementary schools, FoodWise taught lessons in all 5K and 3rd grade classrooms. Lessons focused on the MyPlate food groups, trying new foods more than once, and the importance of physical activity. Some middle and high school classrooms joined cooking classes where students learned basic cooking skills and prepared healthy recipes. Older adults in the 12-week StrongBodies program increased their strength, balance, and flexibility. They also received nutrition lessons on a variety of topics.

COMMUNITY REACH

IN JUNEAU COUNTY

FOODWISE NUTRITION EDUCATION ANNUAL REACH:

- ▶ 425 youth
- ▶ 33 adults

TOTAL LEARNING INTERACTIONS IN FY2024:

- ▶ 1920 youth engagements
- ▶ 285 adult engagements



WHAT OUR PARTICIPANTS SAY

I would like to continue taking Tai Classes. The class is really good for me



COMMUNITY PARTNERSHIPS

Working to make healthy choices easier and more accessible.

FoodWise has supported school garden projects in Necedah and Wonewoc through grant funding and nutrition education. Necedah School has received four years of support totaling \$6,500, and Wonewoc has received two years of support totaling \$5,000. Produce from the gardens is donated to local food pantries to help increase access to fresh, local foods for people with low incomes. Nutrition education materials are shared with the produce, including recipes and preparation ideas. Harvest of the Month materials are also posted in the gardens.