

SNAP-Ed IMPACTS

IN MARATHON COUNTY

NUTRITION EDUCATION

Teaching About Healthy Eating and Active Living.

At Lincoln Elementary School in Marathon County, FoodWise taught a five-lesson series to all 3rd grade classrooms, focusing on MyPlate, the five food groups, and the importance of physical activity. Students enjoyed hands-on activities like "Bone Builder or Bone Buster?", and creating a fruit and vegetable rainbow to reinforce the idea of eating a colorful variety of produce. They learned to make healthy choices in each food group and discovered that popcorn is a whole grain, showing how familiar foods can be part of a nutritious diet.

COMMUNITY REACH

IN MARATHON COUNTY

FOODWISE NUTRITION EDUCATION ANNUAL REACH:

▶ over 150 youth & adults

TOTAL LEARNING INTERACTIONS LAST YEAR:

▶ 531 youth engagements

▶ 456 adult engagements



WHAT OUR PARTICIPANTS SAY

During one of my parent-teacher conferences, I had a parent come up and ask me what kind of nutrition lessons we are doing in our class. She stated that her son is a picky eater and came home one day and told his parents how important it is to eat all five food groups everyday. So, I hope you know what you are doing matters.

-TEACHER AT LINCOLN ELEMENTARY IN MARATHON COUNTY



COMMUNITY PARTNERSHIPS

Grant Enhances Fresh Food Access at Mosinee Food Pantry

Thanks to a \$1,000 grant from FoodWise, the Community Center of Hope food pantry has enhanced how clients access fresh produce by purchasing new shelving that makes fruits and vegetables more visible, appealing, and accessible. This investment supports healthier food choices and creates a more welcoming shopping experience. Director Amy Bergstrom shared that while the pantry has been able to receive unsold produce from a local farmers market, they previously lacked a good way to display it. "Now, we can put our produce in a prominent location for our clients. We look forward to collaborating with FoodWise to share recipes and cooking tips for these seasonal offerings!" By investing in the pantry's layout, FoodWise continues its mission to promote nutrition and food security in our community.