

SNAP-Ed IMPACTS

ONEIDA COUNTY

NUTRITION EDUCATION

Teaching about healthy eating and active living.

At elementary schools in Rhinelander, FoodWise teaches nutrition lessons to all 1st, 3rd, and 5th grade classrooms every year. Lessons focus on the MyPlate food groups, trying new foods, and how good nutrition can support a healthy life. Students are introduced to new foods in our weekly lessons like dragon fruit, jicama, whole grain rice cakes, and plant proteins. Through the nutrition lessons, students learn how to make healthy food choices in hands-on and engaging activities using evidence-based curriculum.

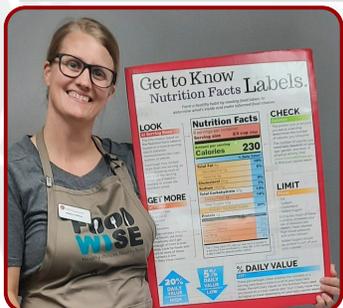
COMMUNITY REACH IN ONEIDA COUNTY

FOODWISE NUTRITION EDUCATION ANNUAL REACH:

- ▶ over 480 youth
- ▶ 160 lessons in schools

TOTAL LEARNING INTERACTIONS IN FISCAL YEAR 2024:

- ▶ 2,431 contacts



WHAT OUR PARTICIPANTS SAY

I had [my son] plan out an entire meal. We got out a flier from the program with the "plate". It was surprising how he wanted so many fresh fruits and veggies (raw) with dinner! From now on he will most definitely plan some of the dinners! This week he planned "pizza" soup. It was delicious and much healthier than pizza! Thanks for the positive influence on my kiddo!!

- PARENT OF A CENTRAL ELEMENTARY STUDENT IN ONEIDA COUNTY



COMMUNITY PARTNERSHIPS



Working to make healthy choices easier and more accessible.

FoodWise partners with local organizations to improve the accessibility of healthy food to everyone in our community. FoodWise, Rhinelander Area Food Pantry, and YMCA of the Northwoods have partnered for multiple years to provide the Hodag Food Wagon. The Hodag Food Wagon was created to help feed hundreds of families every summer. As a partnership, we recognized the need to provide food for children when school was not in session. The Hodag Food Wagon has been an important resource for the community, not only to feed families, but to connect youth with nutritious food that is critical for healthy growth and development.