

SNAP-Ed IMPACTS

IN OUTAGAMIE COUNTY

NUTRITION EDUCATION

Teaching about healthy eating and active living.

At the Appleton Public Library, 21 families from the Fox Cities took part in a fun cooking and nutrition series called Cooking Around the World. Each week, families explored recipes from a different part of the world using ingredients common to that region. Kids learned age-appropriate cooking skills to help them become more confident and independent in the kitchen. Some of the dishes families made included tzatziki from the Mediterranean, couscous from Africa, and bread pudding with tea from the United Kingdom.

COMMUNITY REACH

IN OUTAGAMIE COUNTY

ANNUAL PARTNER COLLABORATION:

- ▶ Brought together **38 organizations** through a Fox Valley networking effort

NUTRITION EDUCATION REACH:

- ▶ Engaged **469 learners** on nutrition topics across schools, libraries, and community sites

FOOD ACCESS SUPPORT:

- ▶ Donated **565 pounds** of local produce through gleaning efforts at the Appleton Farmers Market



WHAT OUR PARTICIPANTS SAY

We love this program, we look forward to it each time it's offered!

- PARENT OF A CHILD FROM THE COOKING AROUND THE WORLD SEIRES



She's a picky eater. I never thought she would try the Couscous. I'm so surprised and happy she did!

- MOTHER OF A CHILD FROM THE COOKING AROUND THE WORLD SEIRES



COMMUNITY PARTNERSHIPS

Working to make healthy choices easier and more accessible.

Be Well Fox Valley, FoodWise, and the Appleton Farmers Market teamed up to collect 565 pounds of extra produce during the first four Saturdays of the 2024 market season. This process, called gleaning, involves gathering leftover fresh food from markets to share with people who need it. The produce was donated to three local organizations: Building for Kids Family Cooking Classes, the People of Progression's Hope Fridge, and the Vida Maternity House.