

SNAP-Ed IMPACTS

IN PIERCE, POLK, & ST. CROIX COUNTIES

NUTRITION EDUCATION

Teaching about healthy eating and active living.

FoodWise offers a five-lesson series once a semester at a local alternative high school. Participants are excited to learn cooking skills. The curriculum is designed to allow participant-led discussions and an awakening of understanding of the role of food in our lives. Many of the students speak openly about food insecurity. Our program supports their future nutrition status and their independence in securing and preparing food.

COMMUNITY REACH

IN PIERCE, POLK, &

ST. CROIX COUNTIES

FOODWISE NUTRITION EDUCATION ANNUAL REACH:

▶ over 500 youth

▶ 112 adults

TOTAL LEARNING INTERACTIONS IN FY2024:

▶ 2,426 youth engagements

▶ 241 adult engagements



WHAT OUR PARTICIPANTS SAY

This cooking class helped me to be a better person. It contributed a positive impact to my overall mental and emotional health...built a sense of trust in myself and others, purpose, belonging...I saw cooking as an act of patience, mindfulness, creative expression and communication.

-PARTICIPANT IN EATING WELL IN RECOVERY SERIES



COMMUNITY PARTNERSHIPS

Working to make healthy choices easier and more accessible.

FoodWise led a project to survey participants and managers at food pantries in Pierce, Polk, and St. Croix Counties. 23 food pantry managers and 630 food pantry participants completed the surveys. The Participant Survey Report is intended to help food pantry leaders better understand the unique needs and preferences of food pantry participants. Food pantries are encouraged to share the results internally with staff and externally with participants. The Manager Survey Report is intended to help better understand the unique needs and experiences of food pantry managers. FoodWise continues to work alongside food pantry managers to implement healthy changes.