

SNAP-Ed IMPACTS

PORTAGE COUNTY

NUTRITION EDUCATION

Teaching About Healthy Eating and Active Living.

In 2024, Portage County FoodWise launched the StrongBodies program at The Berkshire of Stevens Point, a low-income senior housing complex. Combining strength training with nutrition education, the program helps residents improve their health and well-being. To ensure long-term sustainability, FoodWise partnered with ADRC and UW-Madison to train new leaders, including a resident. The class now meets three times a week and continues to grow. Building on this success, a second class launched in 2025 at another senior housing complex, expanding the program's reach and impact across the community.

COMMUNITY REACH

IN PORTAGE

FOODWISE NUTRITION EDUCATION ANNUAL REACH:

- ▶ over 430 youth
- ▶ 166 adults

TOTAL LEARNING INTERACTIONS IN FY2024:

- ▶ 1,635 youth engagements
- ▶ 893 adult engagements



WHAT OUR PARTICIPANTS SAY

My doctor was so pleased with my STATS & my mind is sharper. I feel more energized- has improved my mood and I am eating healthier.

-BERKSHIRE RESIDENT IN PORTAGE COUNTY



COMMUNITY PARTNERSHIPS

Understanding Pantry Needs Through Student Collaboration

To better understand the experiences and needs of Portage County food pantry participants, we worked with students from the University of Wisconsin-Stevens Point. As part of their coursework, students helped design and administer a survey that gathered feedback on pantry access, food preferences, and service satisfaction. This collaboration not only supports student learning in community-based settings but also provides us with valuable data to support food pantries. The survey results will help local organizations, such as Giving Gardens, shape future offerings and ensure they're meeting the evolving needs of the community.