SNAP-Ed IMPACTS

IN SAWYER COUNTY

NUTRITION EDUCATION

Teaching about healthy eating and active living.

At Hayward, LCO, and Winter Elementary Schools, FoodWIse taught a five-lesson series in all 2nd grade classrooms. The lessons focused on MyPlate food groups, trying new foods more than once, and the importance of staying active. Students tasted whole-grain cereal, pumpkin parfaits, and pepitas. They also learned about healthy body image and how to be "ad busters" by spotting the tricks advertisers use to sell food. By the end of the series, students could name healthy choices in every food group and explain why those choices matter.

COMMUNITY REACH

IN SAWYER COUNTY

FOODWISE NUTRITION EDUCATION ANNUAL REACH:

- ▶ over 600 youth and adults
- ▶ over 125 education events

TOTAL LEARNING INTERACTIONS IN FY2024:

- ▶ 2,383 youth engagements
- ▶ 239 adult engagements

WHAT OUR PARTICIPANTS SAY

Students have been checking crackers to make sure they are whole grain.

I share label reading whenever I can. Those little tricks make it easier to make a healthy choice

- TEACHER FEEDBACK IN SAWYER COUNTY

COMMUNITY PARTNERSHIPS

Working to make healthy choices easier and more accessible.

In 2024, FoodWIse partnered with the Hayward School District to apply for and receive a $2,500 FoodWIse garden grant. Together, students, staff, and FoodWIse educators planted and cared for a school garden filled with vegetables, herbs, and pollinator plants. FoodWIse provided hands-on nutrition education in the garden, teaching students which parts of each plant we eat and sharing fun, healthy ways to prepare the foods they grew. The garden's harvest was put to good use: produce was used in high school Family and Consumer Education (FACE) classes, added to the school lunch salad bar, and donated to the Hayward Area Food Pantry to support local families. The project turned the garden into a meaningful learning space that connected students to their food and increased access to fresh, locally grown produce in the community.

FOOD WISE
Healthy choices, healthy lives.

Extension
UNIVERSITY OF WISCONSIN-MADISON