

SNAP-Ed IMPACTS

SHEBOYGAN COUNTY

NUTRITION EDUCATION

Teaching about healthy eating and active living.

The Hmong Mutual Assistance Association (HMAA) recently connected with FoodWise to bring nutrition education to their new community space, the JoinUs Hmong Cafe. The cafe hosts a weekly community meal, and HMAA saw an opportunity to support attendees with helpful food and nutrition information. FoodWise provided classes in Hmong on topics like food safety and the MyPlate guidelines, reaching 55 people who attended the meals. Participants have already asked when FoodWise will return to offer more sessions.

COMMUNITY REACH

SHEBOYGAN COUNTY

FOODWISE NUTRITION EDUCATION ANNUAL REACH:

- ▶ 462 youth
- ▶ 62 adults

TOTAL LEARNING INTERACTIONS IN FY2024:

- ▶ 2,640 youth engagements
- ▶ 145 adult engagements



WHAT OUR PARTICIPANTS SAY

When eating at home, my daughter wants to eat healthy foods. She uses her MyPlate dish given to her at school at every meal. She comes home and tells me everything that she learned about healthy foods that day. This is all because of the nutrition classes at Head Start.

- PARENT OF A HEAD START STUDENT, SHEBOYGAN COUNTY



COMMUNITY PARTNERSHIPS

Working to make healthy choices easier and more accessible.

The Sheboygan County Activity and Nutrition (SCAN) Coalition is one of the main focus areas of Healthy Sheboygan County. It brings together local partners to support physical activity, healthy eating, and access to nutritious food. Amanda Miller, the FoodWise Coordinator, has co-led SCAN for more than five years and has helped lead many community programs and projects. Most recently, Miller helped apply for a Chronic Disease Prevention grant from the Wisconsin Department of Health Services, and SCAN was awarded the funding. The grant will support projects such as collecting extra produce from farms and farmers markets, improving food pantries, offering community health classes, and promoting biking and walking at local schools.