



Nutritious, Delicious, Wisconsin!

PEACH TXIV DUAJ



Yellow Peach

Red Peach

White Peach



HMooB Varieties

- Peaches, Txiv Duaj
- White Peaches, Txiv Duaj Dawb
- Yellow Peaches, Txiv Duaj Daj
- Red Peaches, Txiv Duaj Liab

CULTURE & CONNECTIONS

Peaches are a favorite at HMooB sports festivals, tournaments, and New Year celebrations! They are often sold by HMooB farmers and vendors. Like pears, peaches are used as decorations or served in fruit bowls for guests to enjoy at gatherings. In the HMooB culture, peach tree branches are believed to keep away bad spirits, protect, or cleanse homes. Many HMooB-owned drink stands use peach purees to make homemade lemonade.



PREPARATION

Store: Keep peaches in the refrigerator and eat them within 5 days. You can also freeze or can them to keep them fresh longer.

Prepare: Rinse with cold water and gently rub to clean. You can eat the peel or remove it. Remove the pit (seed) and cut into bite-sized pieces.



Taste: Peaches are soft, sweet, and slightly tart. Try them with chili pepper dip for a sweet and spicy flavor.



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