

Nutritious, Delicious, Wisconsin

PEAR TXIV MAM COOS









HMoob Varieties

- Asian Pear
- Bosc
- Honeysweet Pear
- Bartlett

Honeysweet Pear

CULTURE & CONNECTIONS

The texture of a pear whether it's soft or crisp, depends on the type and how ripe it is. Asian Pears are a favorite in the HMoob community because they taste good, are easy to grow, and often sold by HMoob farmers at local markets. At large gatherings, pears are often placed in fruit bowls on tables or served as a fresh option alongside other desserts. They're a popular alternative to apples.



PREPARATION

Store: Keep pears in the refrigerator to help them last for several months. Don't store them with other produce, and don't freeze them raw. You can also can pears to keep them longer.

Prepare: Rinse with cold water and gently rub to remove any dirt. You can eat the peel or remove it. Chop the pear into small pieces and remove the stem and seeds.



Taste: Pears are juicy, sweet, and have a smooth, buttery texture.



The University of Wisconsin–Madison Division of Extension provides equal opportunities in employment and programming in compliance with state and federal law.