



Nutritious, Delicious, Wisconsin!

STRAWBERRY TXIV POS NPHUAB



HMooB Varieties

- Fern
- Selva
- Seascape
- Tribute
- Tristar

HMooB families use strawberries to decorate cakes and cupcakes for celebrations.



CULTURE & CONNECTIONS

Strawberries are a common fruit grown in HMooB gardens. HMooB families use strawberries to make HMooB-style jello. Fresh strawberries are also used to make jam and dessert fillings. Strawberries are a favorite at HMooB weddings and parties. You'll often see them on the dessert table with other cut fruit or grapes. Many HMooB-owned food businesses use fresh strawberry puree to make tasty strawberry lemonade!



PREPARATION

Store: Keep strawberries in the refrigerator and use them within a week. You can also freeze or can them to enjoy later.

Prepare: Rinse with cold water and remove the green tops (calyx). Optionally, soak the berries in a mixture of water with baking soda, salt, or vinegar to help clean them. Rinse again and dry before eating.



Taste: Strawberries are juicy and refreshing, with a mix of sweet and slightly tart flavor.



Extension
UNIVERSITY OF WISCONSIN-MADISON

The University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming in compliance with state and federal law.