



Namāēwakōhsaeh
Wild mint

Original art created by Dan Grignon

Photo by Jennifer K. Gauthier

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Āpaehtaw Nēpen Kēsoq
Half Summer Moon/July

Vocabulary!

Namāēwakōhsaeh
Wild mint

Kesētāēw
It's hot out

Kēskesah pīcekaenon
Cut the vegetables



HONEY BUZZ MELON SALAD

INGREDIENTS

- 2 cups watermelon, cut into bite-size pieces
- 1 cup cucumber, peeled and chopped small
- 1/2 cup chopped fresh mint
- 1 cup Honey Buzz Salad Splash*
(See recipe)

Recipe from Original Local!

Honey Buzz Salad Splash

- 3/4 cup pure cranberry juice, or another 100% berry juice
- 1/4 cup honey, plus more to taste
- 1 tablespoon poppy seeds
- Hot sauce to taste

Whisk together to incorporate the honey

1. In a large serving bowl, add watermelon, cucumber, and fresh mint
2. Add Honey Buzz Salad Splash
3. Toss to combine
4. Test and adjust to taste.