



**Trout**

Original art created by Dan Grignon

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# Namāēpen Kēsoq

Sucker Moon/February

## Vocabulary!

Napōp

Soup

Maehkuam

Ice

Nekes-kohkānāw nekot

namāēqs

I hooked one fish



## BOILED TROUT

### INGREDIENTS

- 1 Trout which is about 1 1/2 pound trout
- 1 slice salt pork
- 1 thin slice onion
- 1 pint of boiling water

Recipe from Indian Cook  
Book!

1. Boil salt pork for 15 minutes.
2. Add dash of salt, onion and the trout.
3. Simmer gently for 2 or 3 minutes and do not raise cover but allow to steam for about ten minutes.
4. Lift trout out whole and serve.