



**Wanāēw Kēsoq**  
Crusted Snow Moon/March

## Vocabulary!

Ekāhtamokon eneh  
kāwāhtek kēskekaen  
maskīkiwapoh!

Ya'll drink up that spruce  
tip tea!



**Kāwāhtek Kēskekaen**  
Spruce Tips

Original art created by Dan Grignon

Photo by Jennifer K. Gauthier

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Program (HOP 1809) cooperative agreement*



Instructions: Boil pine tips in a nonreactive pot, strain, and serve with honey or maple, if you wish.

This tea is astringent and invigorating. If needed, clean pot with vinegar to remove sap.

Recipe from Original Local!